

Volunteer Contract:

Greetings YB participants,

Thank you for your interest into our work-study program. We would like to take a minute to brief you on the program objectives and details.

To begin with, we understand the additional cost of yoga, to an already tight budget, may mean the difference between doing and not doing yoga. Our main objective, here at Yoga Blessings, is to provide a safe and uplifting environment for people of all ages to gather and realize the benefits that come from a regular yoga practice.

If the cost of yoga is keeping someone from experiencing this healing joy, it is our unspoken duty to create a program that offers yoga to those who would not otherwise be able to afford it.

Thus, we give you the “Volunteer Program”. In trade for 60 minutes of endorphin releasing, sweat producing, feel-good-from-the-head-to-your-toes-yoga, we ask you stay behind after class and help us re-set the studio for the following classes to come. These duties may include, however are not limited to, vacuuming, clean mats & props, dusting, and maybe even a little organizing.

There are a couple coveted duties reserved for those we feel have special circumstances in which family, health, or some other extenuating reasons will not allow them the additional time to spend after class, but can be made up once or twice a week. (Please speak with our work-study manager for more details). Again these duties are reserved for special circumstances and will be issued upon a needs basis.

So what does this mean for you? We ask you agree to a monthly contract (see details below) in which you commit 90 minutes of your time, for an agreed upon number of days, in trade for yoga. It’s very simple. It’s easy work. We have different budgets for those who have different time and financial constraints.

We just ask for honest-to-goodness-work in trade for quality, dependable, wonderful yoga!

If you have any more questions, and we’re sure you will, please feel free to contact our beautiful Volunteer Manager, and they will fill you in on any further details you may need. We look forward to seeing you soon.

Jai Bhagwan... Many Blessings